

2019 Grade 7 Lesson Outline

Rights, Respect, Responsibility

A K-12 Sexuality Education Curriculum from Advocates for Youth

The following lessons have been selected specifically for 7th graders in the Boston Public Schools. Topics include: reproduction, effective communication, sexual orientation, gender identity and expression, STDs/HIV, healthy and unhealthy relationships, decision making, and staying safe online. Each lesson is 50 minutes in length.

Grade 7		
No.	Lesson Name	Learning Objectives
1	Introduction to 3Rs Curriculum	<ol style="list-style-type: none">1. Identify Ground Rules and expectations of the Rights, Respect, Responsibility curriculum.2. Understand the overarching content and lesson sequence of the curriculum.3. Demonstrate a respect for differences and personal values.
2	8.3 Healthy or Unhealthy Relationships	<ol style="list-style-type: none">1. Characterize traits of healthy and unhealthy relationships.2. Name at least two types of power differentials in relationships.3. Describe how an unhealthy relationship can become a healthy one.4. Apply understanding of a healthy relationship to a couple featured in the media.
3	7.1 Everybody's Got Body Parts – Part 1	<ol style="list-style-type: none">1. Name at least two parts of the female internal and external sexual and reproductive systems.2. Describe the function of at least two part of the female internal and external sexual and reproductive systems.3. Demonstrate a basic understanding of the menstrual cycle.
	7.2 Everybody's Got Body Parts – Part 2	<ol style="list-style-type: none">1. Name at least two parts of the male internal and external sexual and reproductive systems.2. Describe the function of at least two parts of the male internal and external sexual and reproductive systems.3. Demonstrate a basic understanding of where sperm is made and how it leaves the body.

4	7.3 Reproduction Basics	<ol style="list-style-type: none"> 1. Identify the steps of conception in correct order. 2. Define sexual intercourse.
5	7.6 I Am Who I Am	<ol style="list-style-type: none"> 1. Define the terms sexual orientation, gender identity and gender expression. 2. Describe how each term is different from the others. 3. Name at least two factual statements and two incorrect statements about sexual orientation and gender. 4. List at least two respectful ways of communicating with or about LGBTQ individuals.
6	7.7 Blue is For Boys, Pink is for Girls... Or Are They?	<ol style="list-style-type: none"> 1. Name at least two stereotypes associated with why many people value the gender binary of "boys" and "girls." 2. Analyze at least two sources of gendered messages and expectations that exist within their culture. 3. Describe at least one connection between gender expectations and discomfort around non-heterosexual orientations.
7	7.10 Being the Change You Want to See in The World	<ol style="list-style-type: none"> 1. Describe their own experiences of being disrespected and the impact these experiences had on them. 2. List at least two examples of ways in which people are treated respectfully or disrespectfully because of their gender and/or sexual orientation. 3. Describe at least one situation in which a young person was discriminated against because of their gender or sexual orientation, and the steps they took to advocate for change that would end that discrimination.
8	7.11 Being Smart, Staying Safe Online	<ol style="list-style-type: none"> 1. Describe positive aspects of online communication. 2. Identify inappropriate flirting and chatting. 3. Demonstrate an understanding of how to deal with uncomfortable situations while communicating online
9	Consent and Boundaries (BPS lesson)	<ol style="list-style-type: none"> 1. Define boundary, harassment, sexual harassment and consent 2. Identify sexual harassment 3. Practice asking for consent 4. Practice refusing consent